

# PINT SIZE TABLE RUNNER

## — February —

Finishes to: 12½" × 22½"

### PLEASE NOTE

All seams are ¼"  
 WOF = Width of Fabric  
 RST = Right Sides Together

### REQUIRED MATERIALS

- ⅓ yard cream with pink dots for **piecing/appliqué backgrounds**
- 9" × 21" pink starburst for **piecing**
- 6" × 6" pink tossed sprig for **piecing**
- 6" × 6" pink tonal dots for **piecing**
- 6" × 6" red scattered dots for **piecing**
- 6" × 6" red tossed floral for **piecing**
- 7" × 21" red tonal leaves for **piecing**
- 7" × WOF red mottled for **binding**
- 27" × 21" for **backing**
- various scraps for appliqué
- fusible webbing

### CUT FABRICS

From **cream with pink dots**, cut:

- (2) 5½" × 12½" rectangles for **appliqué backgrounds**
- (2) 4¾" × 4¾" squares for **flying geese**
- (2) 2" × 3½" rectangles for **heart block** (piece "B")
- (16) 2" × 2" squares for **heart block** (piece "C")

From **pink starburst**, cut:

- (8) 2¾" × 2¾" squares for **flying geese**
- (8) 2" × 2" squares for **block corners**

From **pink tossed sprig**, cut:

- (4) 2" × 2" squares for **4-patch block centers**

From **pink tonal dots**, cut:

- (4) 2" × 2" squares for **4-patch block centers**

From **red scattered dots**, cut:

- (4) 2" × 2" squares for **4-patch block centers**

From **red tossed floral**, cut:

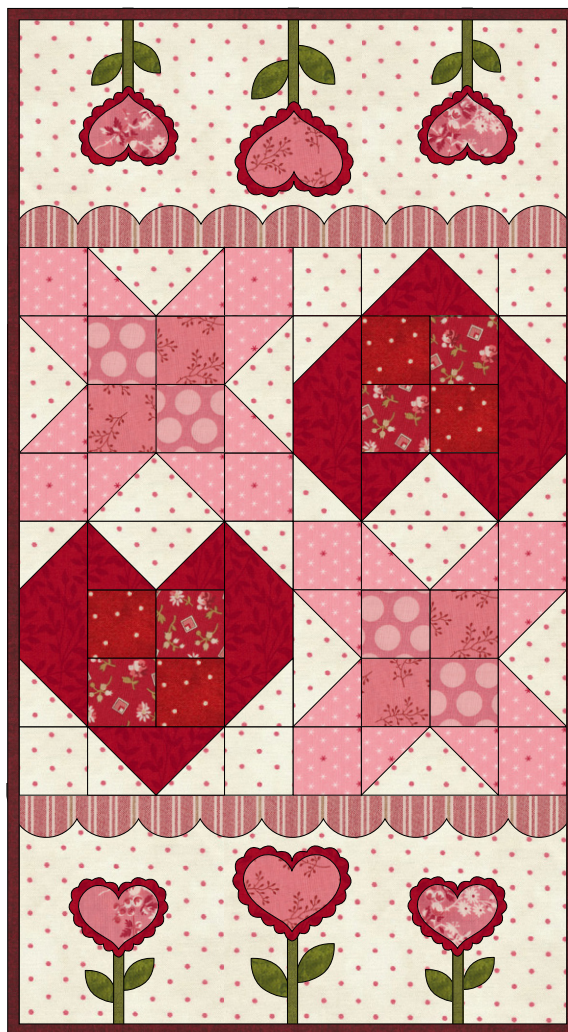
- (4) 2" × 2" squares for **4-patch block centers**

From **red tonal leaves**, cut:

- (4) 2" × 5" rectangles for **heart block** (piece "E")
- (2) 2" × 3½" rectangles for **heart block** (piece "D")
- (4) 2" × 2" squares for **heart block** (piece "A")

From **binding fabric**, cut:

- (2) 2½" × WOF strips for **binding**



### RECOMMENDED PRODUCTS

- Creative Grids Ultimate Flying Geese Ruler #CGRDH4
- Creative Grids Folded Corner Clipper Tool #CGRFCC
- Creative Grids 6½" × 12½" Ruler #CGR612
- Wafer 1 Lightbox
- Appli-Fuse Silicone Mat

All available at [ShabbyFabrics.com](http://ShabbyFabrics.com)

As seen on our  
**PINT SIZE TABLE RUNNER  
 SERIES - FEBRUARY**  
 video featured on our YouTube channel:



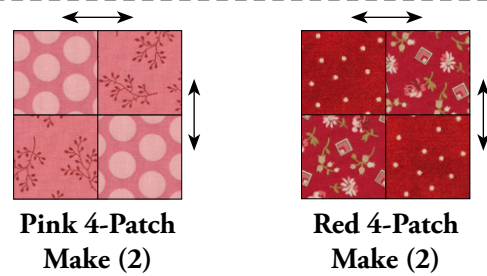
[YouTube.com/Shabby Fabrics](https://www.youtube.com/ShabbyFabrics)

## 4-PATCH UNITS

Arrange 2" x 2" squares as shown. Sew together into rows. Press open. Sew rows together. Press open.

Repeat to make a total of (2) Pink 4-Patch units and (2) Red 4-Patch units.

Each unit should measure 3½" x 3½".



**Pink 4-Patch**  
Make (2)

**Red 4-Patch**  
Make (2)

## FLYING GEESE UNITS

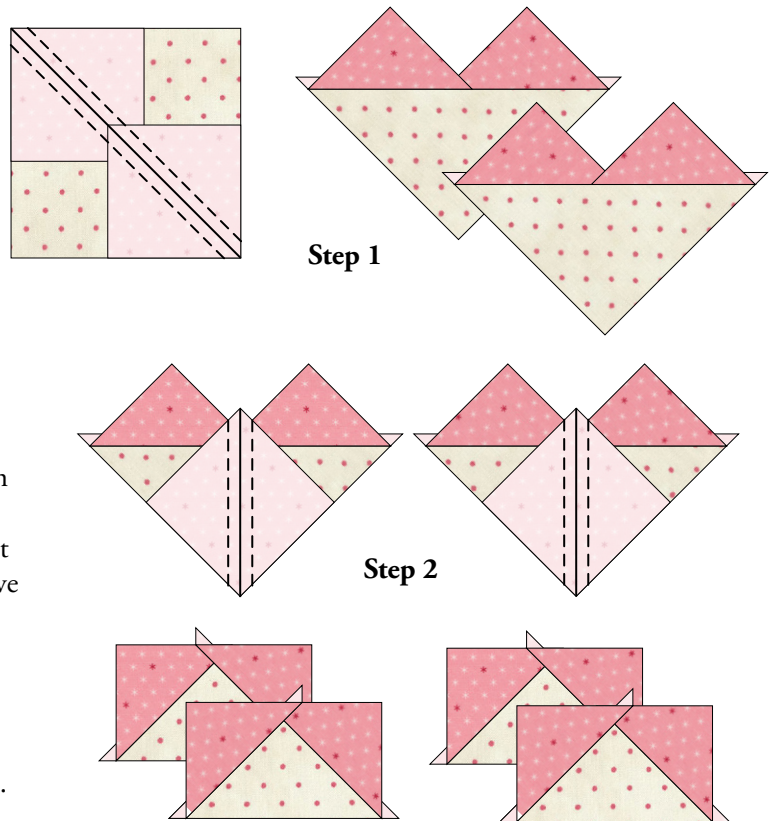
*We used the Creative Grids Ultimate Flying Geese Tool to create our Flying Geese blocks. This tool provides for oversizing the block, then using the tool to trim accurately. If using this tool, you will be using the marks for a Finished Size of 1½" x 3" (lines labeled C).*

**STEP 1:** Draw a diagonal line on the back of all 2¾" x 2¾" pink starburst squares. Place (2) 2¾" x 2¾" squares in opposite corners of (1) 4¾" x 4¾" cream with pink dots square, right sides together. Sew ¼" along each side of the drawn line. Cut on drawn line. Press toward pink starburst. You will now have (2) units.

**STEP 2:** Place another 2¾" x 2¾" pink starburst square on the corner of each unit, right sides together. Pin well in all four corners. Sew ¼" along each side of the drawn line. Cut on the drawn line. Press toward pink starburst. You will have two Flying Geese units per unit.

**IMPORTANT:** Use Creative Grids Ultimate Flying Geese Tool (or your preferred ruler) to trim Flying Geese unit to 2" x 3½".

Repeat these steps to make a total of (8) Flying Geese units.



**Flying Geese**  
Make (8)

## X BLOCKS

Use (1) Pink 4-Patch unit, (4) Flying Geese Units and (4) pink starburst block corners per block.

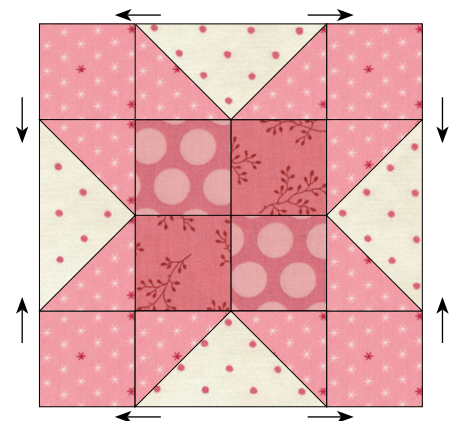
Arrange units as shown. Sew together into rows. Press away from Flying Geese units.

Sew rows together. Press toward block center.

Block should measure 6½" x 6½".

Make a total of (2) X Blocks.

**X Block**  
Make (2)



# HEART BLOCKS

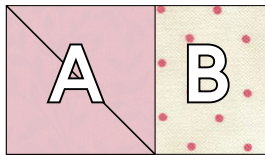
*Most of the seams in this block are pressed open to reduce bulk and help block lie flat.*

**STEP 1:** On the back of (4) "A" squares, draw a line diagonally from corner to corner. Place (1) "A" square on the left side of (1) "B" rectangle, RST, noting the direction of the diagonal.

**STEP 2:** Sew on the drawn line, and trim seam allowance to  $\frac{1}{4}$ ". Press *open*.

**STEP 3:** Place another "A" square on the right side of the same "B" rectangle, RST, noting the direction of the diagonal.

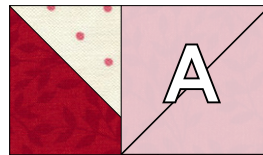
**STEP 4:** Sew on the drawn line, and trim seam allowance to  $\frac{1}{4}$ ". Press *open*. This is the Top Center unit. Unit should measure  $2" \times 3\frac{1}{2}"$ . Repeat Steps 1-4 to make a total of (2) Top Center units. Set aside for assembly at a later step.



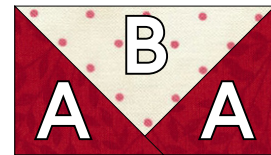
Step 1



Step 2



Step 3



Step 4

Top Center - Make (2)

**STEP 5:** Using "C" squares and "D" rectangles, follow Steps 1-4 to make (2) Bottom Center units. Set aside for assembly at a later step.

**STEP 6:** On the back of (8) "C" squares, draw a line diagonally from corner to corner. Place (1) "C" square on the left side of (1) "E" rectangle, RST, noting the direction of the diagonal.

**STEP 7:** Sew on the drawn line, and trim seam allowance to  $\frac{1}{4}$ ". Press *open*.

**STEP 8:** Place another "C" square on the right side of the same "E" rectangle, RST, noting the direction of the diagonal.

**STEP 9:** Sew on the drawn line, and trim seam allowance to  $\frac{1}{4}$ ". Press *open*. This is the Side unit. Unit should measure  $2" \times 5"$ . Repeat to make a total of (4) Side units.



Step 5

Bottom Center - Make (2)



Step 6



Steps 7 and 8



Step 9

Side - Make (4)

**STEP 10 (center row of block):** Sew (1) Top Center unit to the top and (1) Bottom Center unit to the bottom of (1) Red 4-Patch unit. Press toward Red 4-Patch unit. Center unit should measure  $3\frac{1}{2}" \times 6\frac{1}{2}"$ .

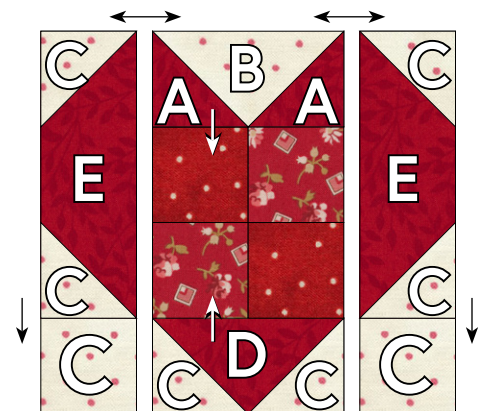
**STEP 11 (left side of block):** Sew (1) "C" square to the bottom of (1) Side unit, referring to block image for orientation and placement. Press toward "C". Unit should measure  $2" \times 6\frac{1}{2}"$ .

**STEP 12 (right side of block):** Sew (1) "C" square to the bottom of (1) Side unit, referring to block image for orientation and placement. Press toward "C". Unit should measure  $2" \times 6\frac{1}{2}"$ .

**STEP 13 (complete block):** Sew Side units and Center unit together. Press open.

Block should measure  $6\frac{1}{2}" \times 6\frac{1}{2}"$ .

Make a total of (2) Heart Blocks.

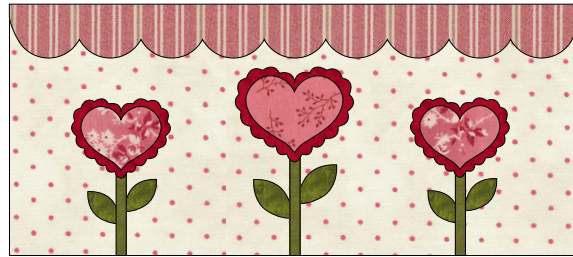


Steps 10 - 13

Heart Block - Make (2)

## APPLIQUÉ

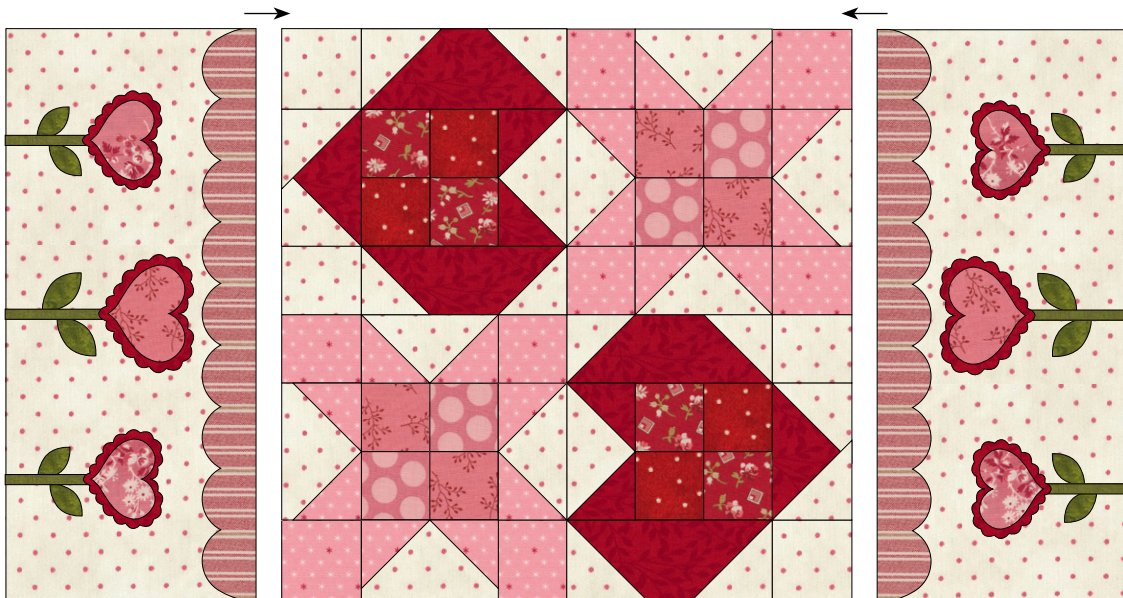
NOTE: All appliqué shapes are symmetrical, so there is no need for a reverse diagram when tracing shapes for fusible appliqué. Gently peel fusible paper from the back of each shape. Refer to Assembly Diagram to arrange shapes on background fabric. Appliqué in place using the method and stitch of your choice.



Appliqué - Make (2)

## ASSEMBLE TABLE RUNNER

Arrange blocks as shown. Sew pieced blocks together in rows. Press open. Sew pieced rows together. Press open. Sew one appliqué unit to each end as shown. Press toward pieced blocks.



## FINISH TABLE RUNNER

Layer top, batting, and backing. Quilt as desired.

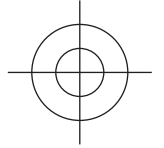
Piece **binding** into one long strip. Fold in half lengthwise, wrong sides together, and press. Line up raw edges of the binding with the raw edge of the table runner. Sew binding to the front side of the table runner, starting at any side. Turn the binding over and hand stitch to the back of the table runner.

Shop 24/7 for BOMs and Clubs, kits, and *more* at [ShabbyFabrics.com!](http://ShabbyFabrics.com)

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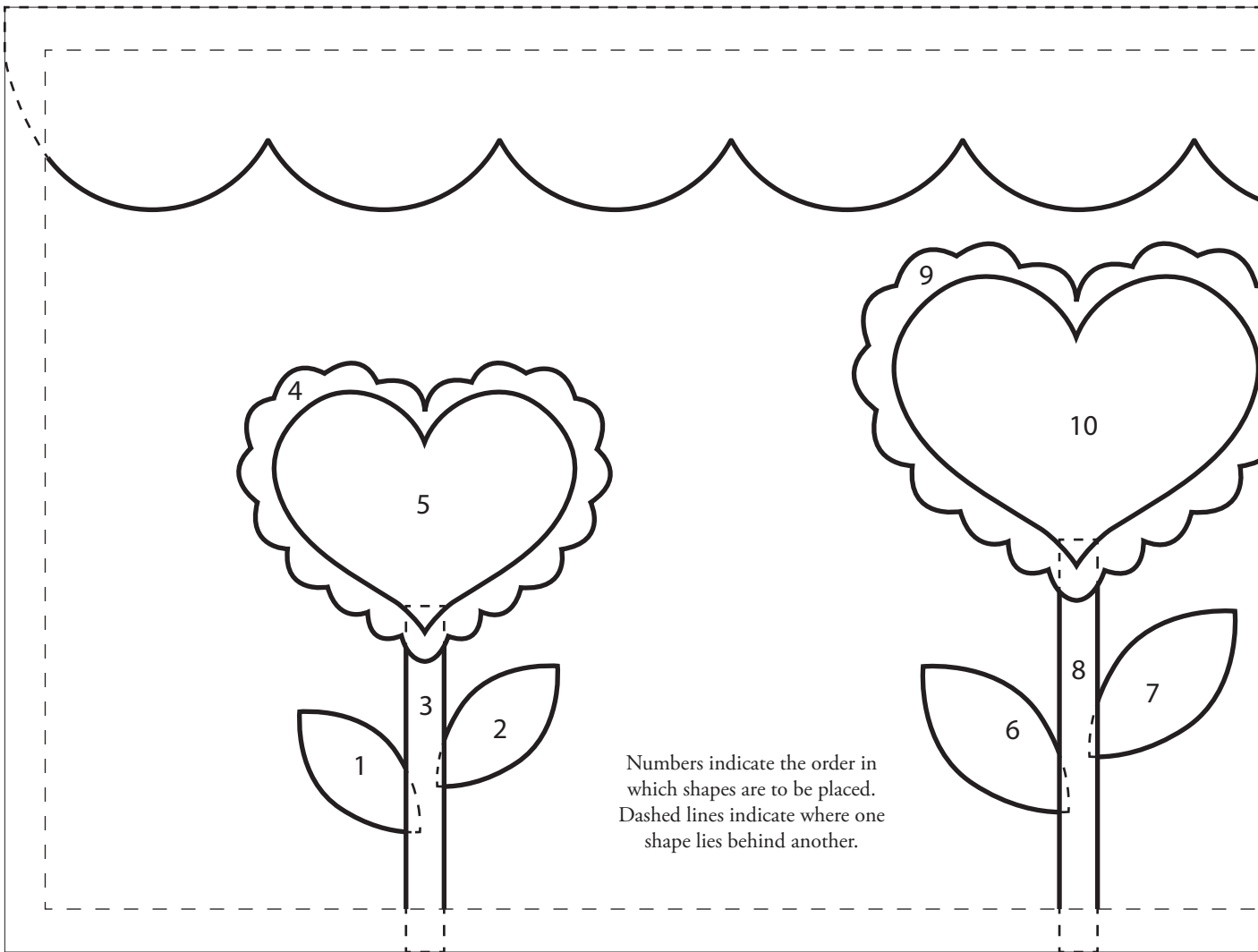
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### Assembly Diagram

All shapes are symmetrical;  
diagram can be used for tracing and for placement

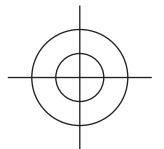
Align bullseye marks ⊕ on page 1 with  
bullseye marks ⊕ on page 2, then tape  
pages together



Numbers indicate the order in  
which shapes are to be placed.  
Dashed lines indicate where one  
shape lies behind another.

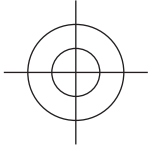
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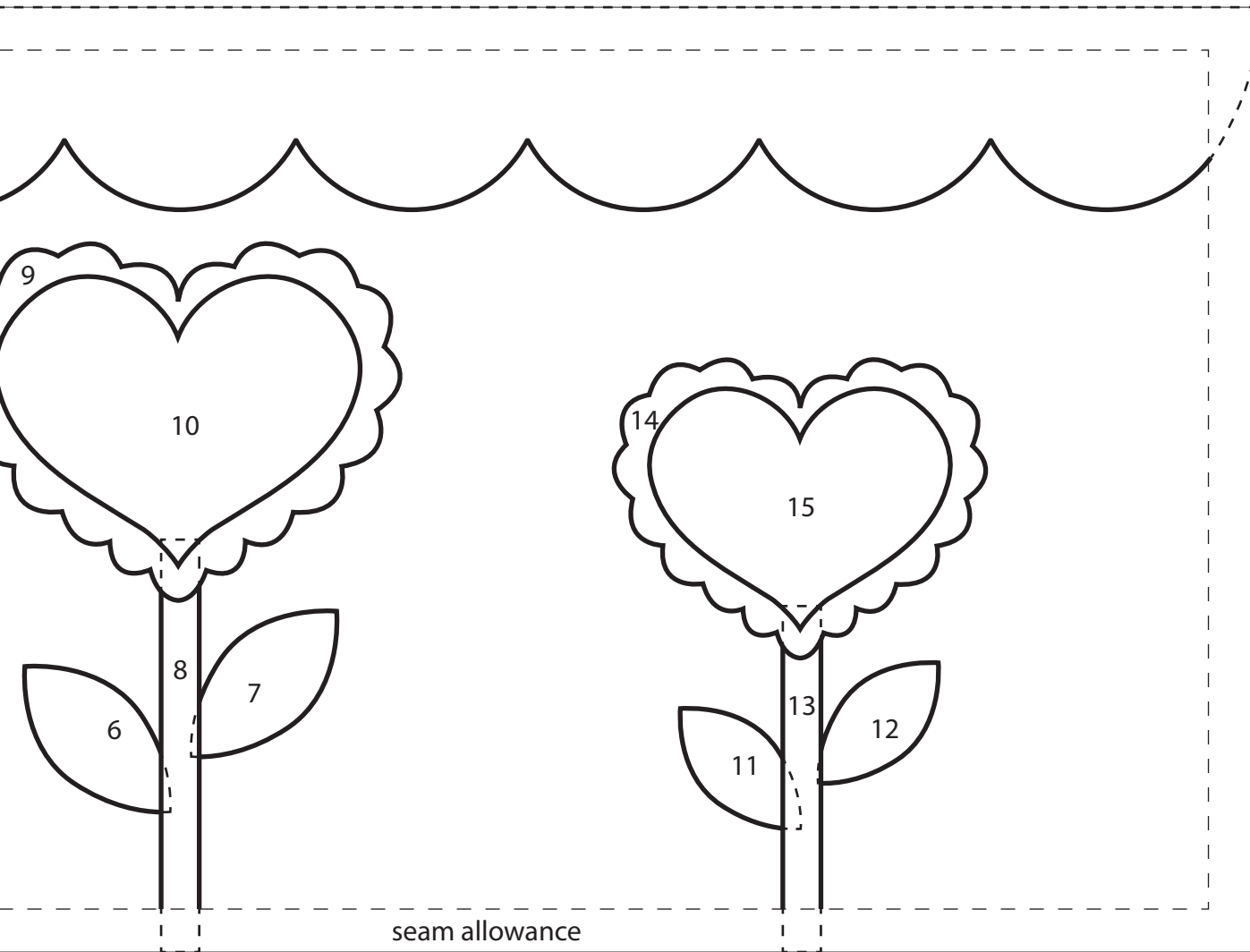
## — February —



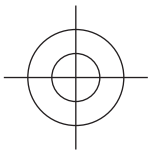
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### Assembly Diagram

All shapes are symmetrical;  
diagram can be used for tracing and for placement



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